

Recipe Lasagna

Sauce: 1 lb ground beef
1 chopped onion

Sauté together

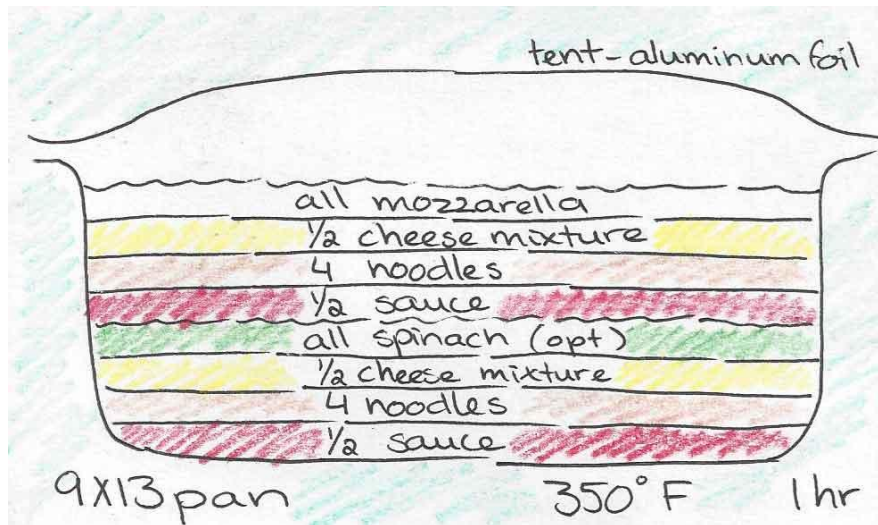
Add: 1 can/jar spaghetti sauce*
Italian seasoning, salt, pepper

Cheese Mixture: 2 eggs
3 Tbs parsley
¼ cup parmesan,
shredded
3 ½ cup cottage cheese



8 noodles, cooked
Spinach {frozen or fresh}**
2 cups shredded mozzarella

Layer as shown in the picture:



*I get the most compliments when I use a garlic flavored spaghetti sauce

Half a bunch of fresh spinach, washed, drained, chopped, **OR One package of frozen spinach, defrosted, drained, chopped

Place aluminum foil over pan, making sure it won't touch the cheese

Bake at 350° F 45 minutes – 1 hour