





- Trace circle templates onto tan canvas.
- Cut out a variety of sizes.



• Cut out circles of burlap, larger than the canvas circles.



• Apply adhesive spray onto burlap.



• Push canvas circle onto it.

• Let dry. {I usually let it dry overnight as I don't like getting adhesive on my sewing machine needle.}





• Using a wide but tight zigzag setting, stitch around the edge of the canvas circle.

• Trim excess burlap.





• Fold your poppy in half, then in half again.



• Put some stitches in the corner. {You may do this either by hand or by machine.}



- Open up. Your poppy should have some shape now.
- Layer different sized poppies on top of each other.

• With a bead in the center, stitch this new poppy onto your sewing project by hand

