



LISA APRON

Free Sewing Pattern

Crystelle
BOUTIQUE



Lisa Apron Sewing Pattern

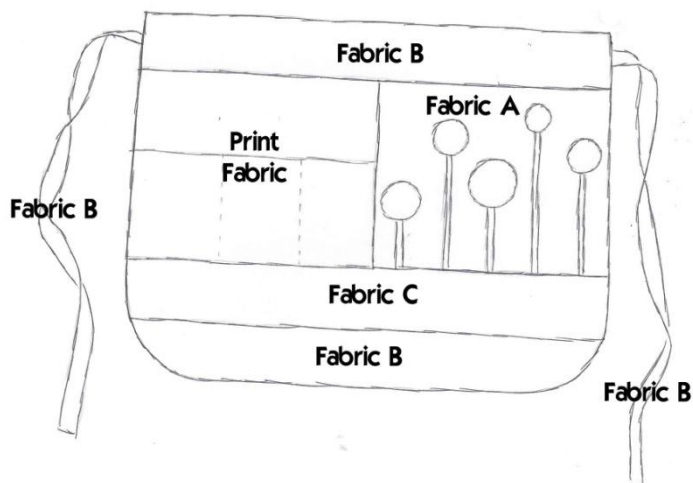
Finished dimensions:

Approximately 33 inches wide, 25.5 inches tall,
straps 33 inches each

Design not to be created for commercial use. All rights reserved.
Lisa Apron © Crystelle Boutique 2013

Materials List

- Print Fabric 5/8 yard
- Fabric A 1/2 yard
- Fabric B 3/4 yard
- Fabric C 1/4 yard
- Fabric for blooms scraps
- Fabric for stems scraps (or use 1 yard rickrack)
- Coordinating or contrasting thread
- Basic Sewing Supplies



Cutting Instructions

Print Fabric:

- pocket panel cut 1 18 inches x 14 inches
- pocket cut 1 18 inches x 8.5 inches

Solid Color A

- blooms panel cut 1 18 inches x 14 inches

Solid Color B

- top panel cut 1 35 inches x 10 inches
- bottom strip & straps cut 3 35 inches x 5 inches

Solid Color C

- accent strip cut 1 35 inches x 5 inches

Flower Stems (optional: use rickrack)

- 3.75 x .5 inches
- 5 x .5 inches
- 7.75 x 5 inches
- 8.5 x .5 inches
- 9.5 x .5 inches

Blooms

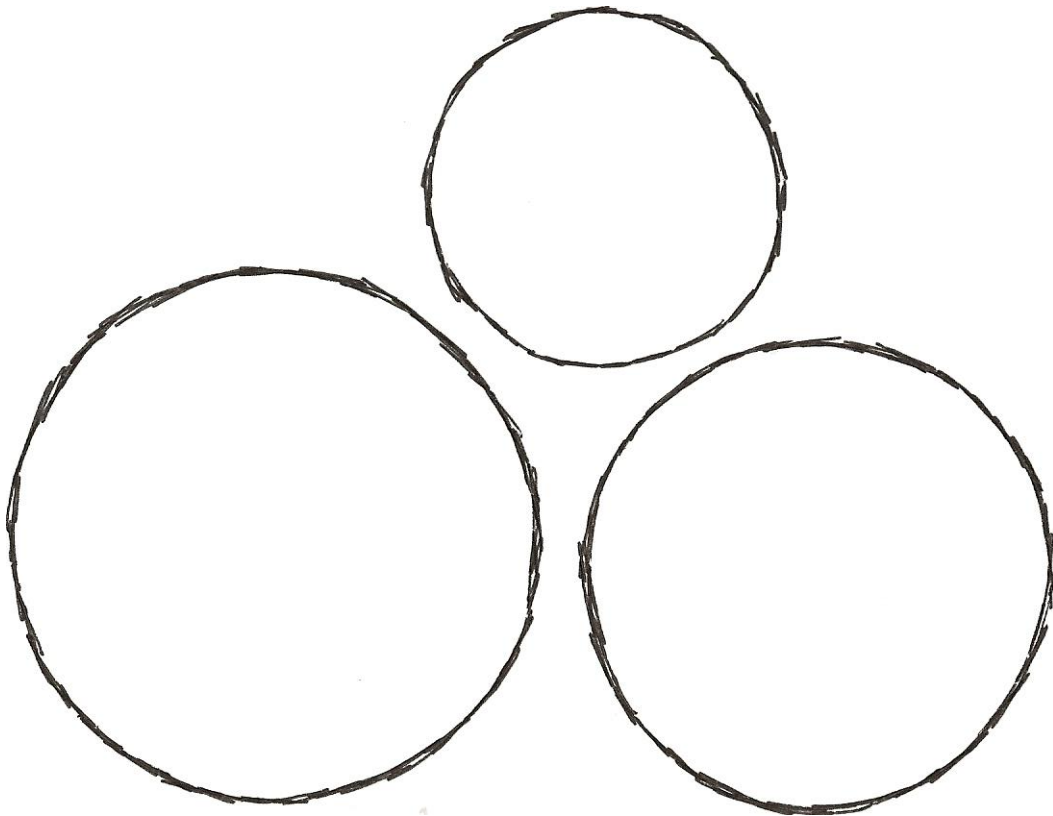
- cut out circles according to enclosed template

Note :

I always like to use on or two textured fabrics in the mix to add additional depth and interest to the design

Blooms Template

- cut 1 large
- cut 2 medium
- cut 2 small



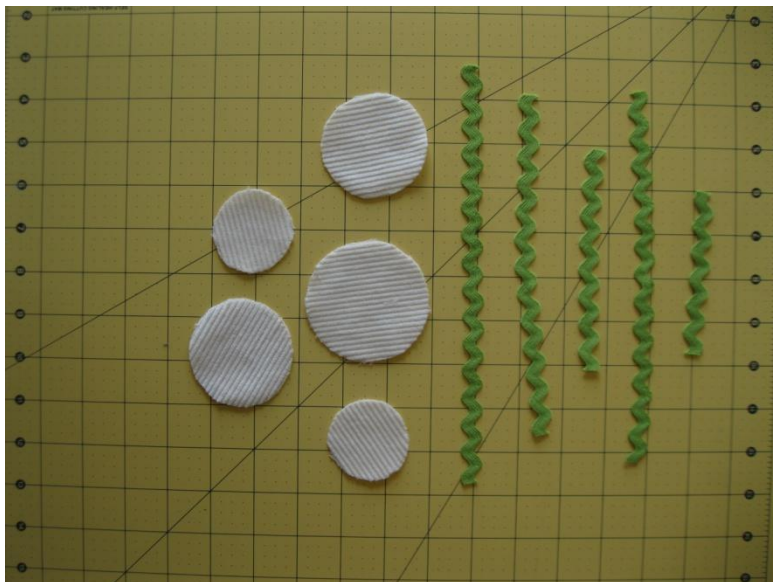
Sewing Instructions

All seams are 1/2 inch unless otherwise noted.

Cut out all your fabric according to measurements



Cut out flower stems and blooms



Pocket Panel

Press the top over by ¼ inch, press



Fold over another ¼ inch, press



Sew in place (at about ¼ inch)



Place pocket on print panel lining up sides and bottom

Pin in place

Baste in place (around the sides)



Pocket Dividers

Draw a line 6 inches and 12 inches from the right side (use disappearing ink or chalk)



Pin fabric so it won't shift



Stitch over those lines



Enforce the top of the pocket dividers by going back and forth a few times

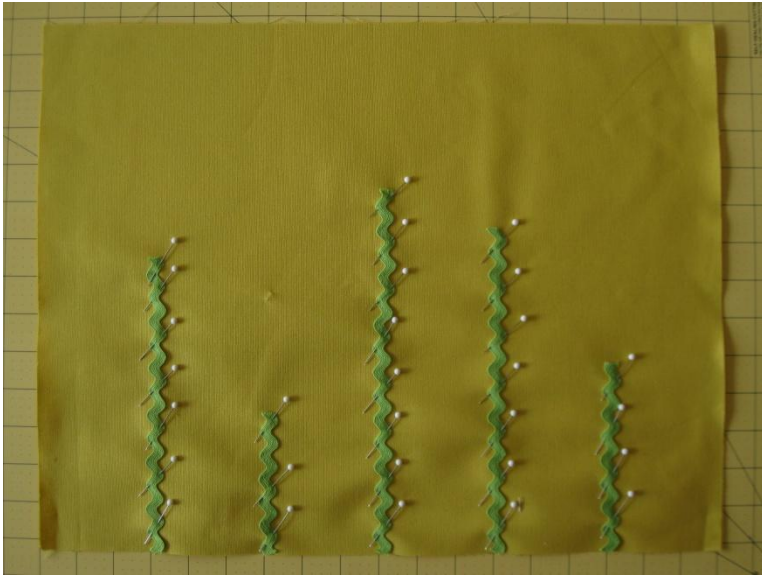


Blooms Panel

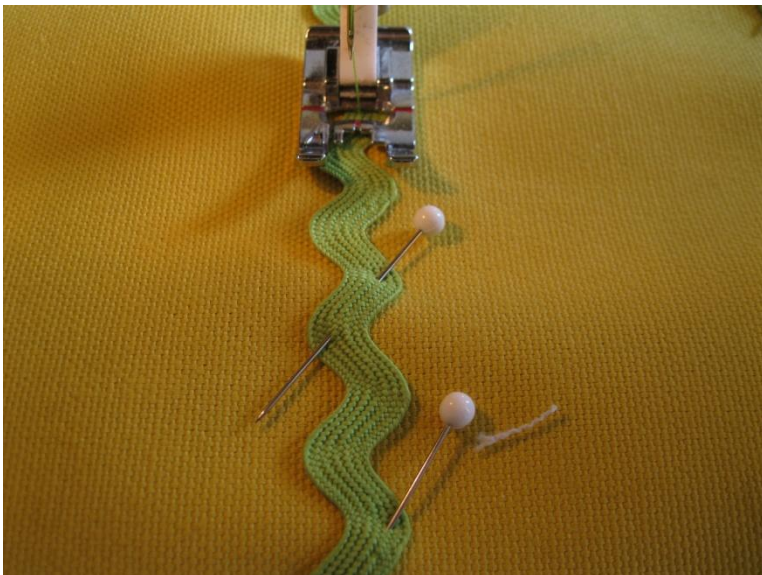
Place flowers stems on blooms panel 3” apart.

Arrange the height in random order

Pin in place



Stitch right down the middle if you are using of the rickrack

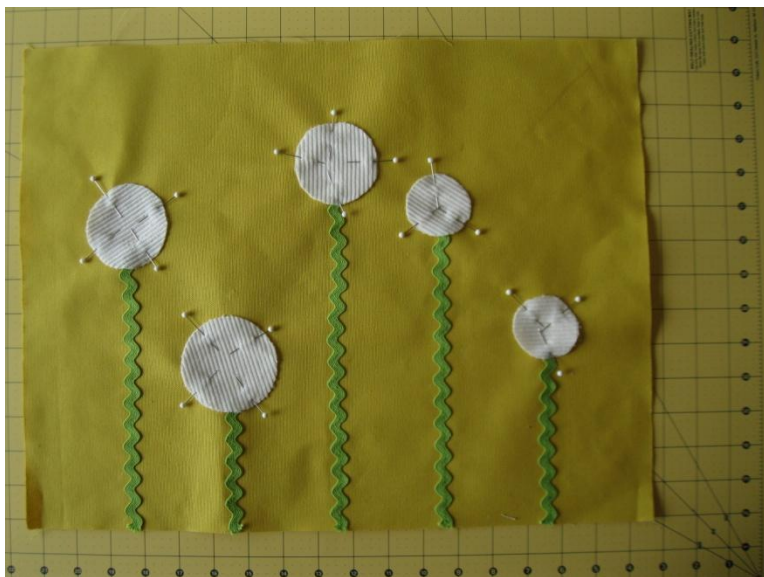


If using fabric for the stems, just sew up a down a few times at random, leaving edges unfinished



Arrange the flowers atop the stems in random order

Pin in place



Stitch in place by going around the circle once or twice



Pin the two panels together right sides together in the middle

Note: I sew the pocket panel on the right to accommodate right-handed people. For a left-handed cook, just switch the two panels around.



Sew at ½ inch then press seam to one side



Topstitch over that seam at about ¼ inch



Apron

Pin accent strip (solid color C) to the bottom of the two panels, right sides together



Stitch at 1/2 inch



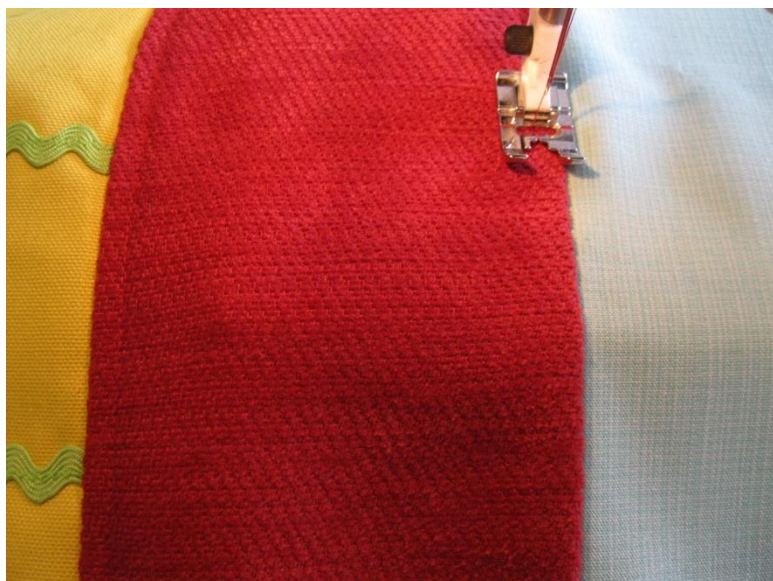
Press the seam to one side



Topstitch at approximately ¼ inch



Repeat with one the bottom strip (Solid Color B)



Straps

Fold over end ¼ inch, press

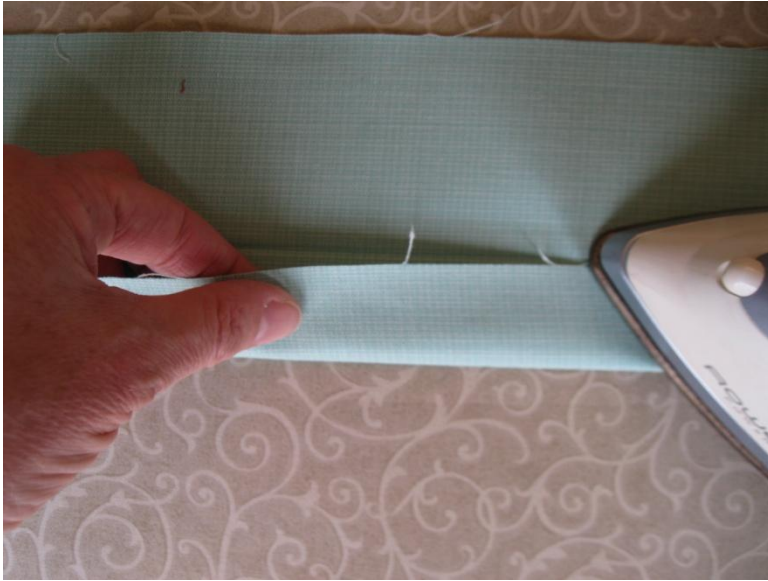


Fold strap in half lengthwise, press



Open up

Fold edge toward the middle, lining up with the newly pressed crease, press



Repeat on other side



Fold together, and you now have a 4-ply strap; press



Repeat with other strap

Stitch along all folded edges at 1/8 inch or so



Fold the top panel (Solid Color B) in half lengthwise, press



Along the bottom of this fabric, fold over ¼ inch and press

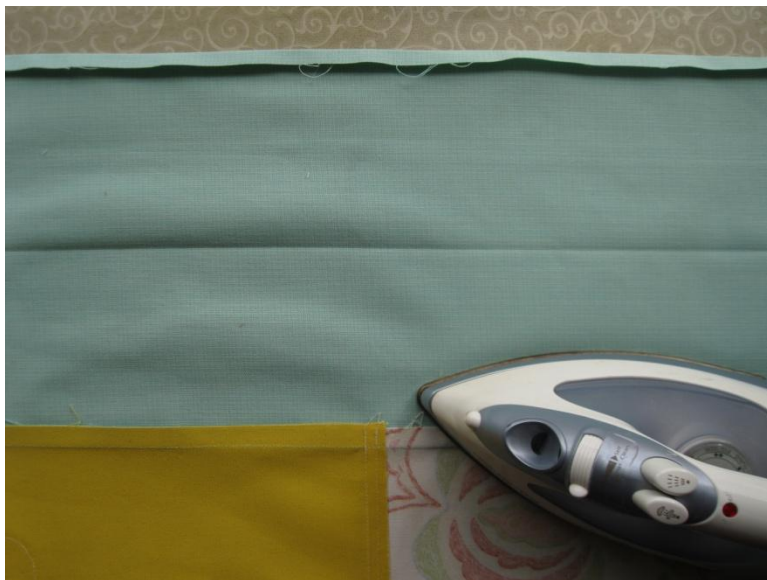


Pin the top panel (side without the ¼ inch pressed crease) to the top of the apron, right sides together

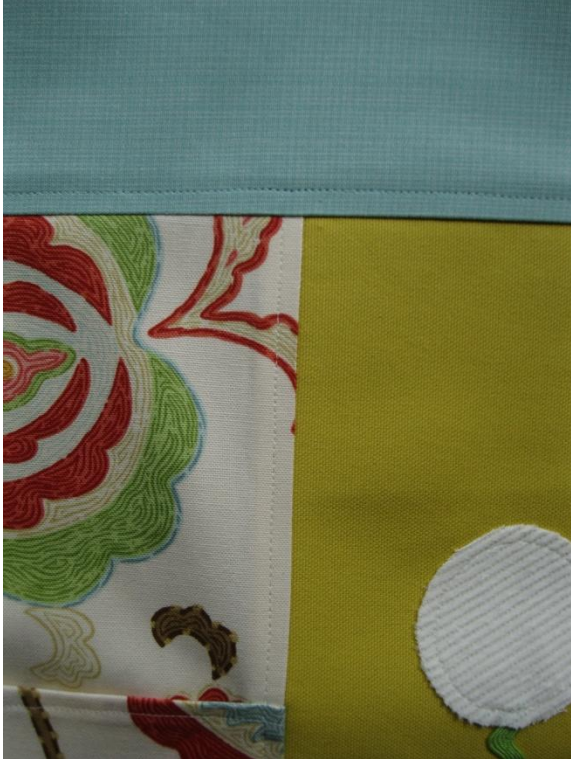
Stitch at ½ inch



Open up, press



Topstitch at ¼ inch



Finishing Touches

Lay your largest bowl or pan alongside the bottom of the apron



Trace the curve



Cut on line



Repeat on other side

Hems

Fold over ¼ inch of the unfinished edges to the wrong side



It's a little tricky around the curves



Fold over again, press



Fold over top panel on top of itself, press



Insert the unfinished edge of a tie at the top of the top panel as shown in photo

Repeat on both sides with both straps

Pin in place



Pin the pressed edges in place



Again, the curved edges are tricky, so I always use lots of pins there



Finish off all the pressed and pinned edges (at 1/4 inch or so)



Pin the loose edge of the top panel in place on the front, making sure it looks decent in the back too



Topstitch in place at about ¼ inch



Now your new Lisa Apron is finished....

Congrats and enjoy!